



December 31, 2022

## The Best is Still To Come

Toes in the sand; Mind engaged



### Coaches Corner

Wow!! Has 2023 started with a bang!

I cannot believe it is the middle of February already. Robert and I participated in the International Living Panama Conference held from February 10th to the 12th. We were in Panama City from the 9th to the 13th. This is our team picture with Winton.

We had a blast. This IL Event was very well attended, and we were very busy chatting away with people about freelancing.

I am planning on attending the IL Event in Costa Rica in June and in Denver in September. If any of you plan to attend either or both of those, make sure you stop by our table and chat!



## Welcome!!

### **Welcome to our February Newsletter!**

**February is the month of LOVE (Valentine's Day) and Patty's birthday! So Patty LOVES February, especially in Panama. Growing up in Pennsylvania, Patty rarely got to have a birthday party because of the weather. But here in Panama, it is almost always sunny and warm!**

**And speaking of LOVE ... do you love the direction your freelancing career is heading in? If yes, we are very happy for you. Because this is the second chapter of your life, and you should LOVE what you are doing!**

**If not, then maybe you should schedule a free 20-minute call with either Patty or Robert, and let's chat about why you are not loving your freelancing career. Sometimes that is all you need is to bounce off some ideas to a neutral person. Other times you might need a bit more, and we are here to help.**

**We want you to LOVE your freelancing career!**

**To schedule a call with Patty, use this link:**

**<https://calendly.com/pathompson/20min>**

**To schedule a call with Robert, use this link:**

**<https://calendly.com/coachrobertthompson>**

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## The Voice of Adventure

Before I start each day, I read some morning words of meditation. I thought my reading for Monday, February 13th was very appropriate for after the IL

conference Robert and I had just attended. Here is a piece of my reading:

“There is a rawness and a wonder to life. Pursue it. Hunt for it. Sell out to get it. Don’t listen to the whines of those who have settled for a second-rate life and want you to do the same so they won’t feel guilty. Your goal is not to live long; it’s to LIVE...

You can hear the voice of adventure – adopt a child, move overseas...change careers...make a difference. Sure, it isn’t safe, but what is?”

Isn't it time for you to listen to the voice of adventure? Time to love what you are doing? Live your best life! It might be scary. It probably is out of your comfort zone. But, it is time to start living. If not now, then when?



## CHECK OUT THE QR CODE

### FOR OUR WEBSITE

Now you can find our website quicker from your phone!! Check out our website, which Robert has been working on updating. Send us your comments using the contact us link on the website, and let us know what you think!



## February

by: Patty Thompson

February is my birthday month. This year has been a remarkable year for me. And it has become a significant time of reflection. Last year was *supposed* to be a lucky year for me, as my birthday is 2/22, and the year was 2022. And according to numerology, it was supposed to be lucky.

But luck was not in the picture for me, or was it? I ended 2021 with awful sciatica pain. I started 2022 with terrible sciatica pain. Then in May, we attended the IL Panama event in Panama City, and soon after came down with Covid, as did Robert. So we barely worked at all in 2022. But the highlight was going to Disney World in March with our family and seeing all the grandchildren. Maybe I was fortunate after all. Things could have been much worse! It is all how you look at things – positive mindset!

Fast forward to 2023. My health is much better. I am busier than ever with freelancing work, coaching new freelancers, and coaching new coaches to coach freelancers! I LOVE it. AND... we are going to become grandparents again! In August – our fourth grandchild is to be born. My daughter-in-law is having an ultrasound on my birthday. What a truly fantastic birthday gift to receive.

And I will go to Pennsylvania in September to be with family and meet my new grandchild, and I will still be able to work!

I turn 64 shortly! 64!!! That means next year, I will be eligible for Medicare!!!! Medicare – my parents had Medicare – I am too young for Medicare.

But I can finally say that I am doing something I truly love with my life. And when you are passionate about something and genuinely love what you are doing ... other people notice. At the Panama IL event, I had the pleasure of meeting three new coach trainees who came to observe the event as part of their training to be a coach, and another person is considering joining the Barefoot Consultants coaching program. And these four complete strangers commented on how good I was at talking with people about our freelancing program. I never imagined myself as a coach. Yet here I am – at 64- doing something I truly LOVE doing in a country I LOVE being in.

You can too! When you love what you do, it does not seem like work, and it is fun! I would be honored to help YOU discover what you are passionate about and earn some money to go and live life. Because life is meant to be LIVED, cherished, and enjoyed!

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Interesting Article

## Forbes Article on Panama

We love living in Panama, and Panama is being noticed by others besides International Living.

Here is the headline of an article that I saw in Forbes magazine, followed by a link to the rest of the article. I thought you might enjoy reading it.

**Panama Is Finally Having Its 'Moment.' That Could Change Latin American Real Estate And Hospitality Forever**

Here is the link to read the article:

<https://www.forbes.com/sites/p...>

## More Pictures from the Panama IL Event

Thought you would enjoy a few more pictures from the IL event

We really are the "Barefoot" Consultants!!



## RPT Virtual Services

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