

June 1, 2023

The Best is Still To Come

Toes in the sand; Mind engaged



Number of Characters	Numbers Only	Lowercase Letters	Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters, Symbols
4	Instantly	Instantly	Instantly	Instantly	Instantly
5	Instantly	Instantly	Instantly	Instantly	Instantly
6	Instantly	Instantly	Instantly	Instantly	Instantly
7	Instantly	Instantly	1 sec	2 secs	4 secs
8	Instantly	Instantly	28 secs	2 mins	5 mins
9	Instantly	3 secs	24 mins	2 hours	6 hours
10	Instantly	1 min	21 hours	5 days	2 weeks
11	Instantly	32 mins	1 month	10 months	3 years
12	1 sec	14 hours	6 years	53 years	226 years
13	5 secs	2 weeks	332 years	36 years	156 years
14	52 secs	1 year	176 years	206 years	1m years
15	9 mins	27 years	698k years	12m years	27m years
16	1 hour	213 years	60m years	720m years	36m years
17	14 hours	186 years	30m years	480m years	385k years
18	6 days	681k years	1260m years	2m years	260m years

**TIME IT TAKES
A HACKER TO
BRUTE FORCE
YOUR
PASSWORD
IN 2023**

Coaches Corner

We have weekly coaches meetings with Winton, and in a recent meeting, Winton shared with us a graphic which I am sharing with you here in Coaches Corner. I am not sure how well you will be able to see this, so I will share it again at the end of this newsletter.

It amazed me that if your password has a combination of 12 numbers of any combination, it only takes a hacker ONE SECOND to discover your password!!

If your password has NINE characters, any combination of numbers, and upper and lower case letters, it will take a hacker TWO HOURS! WOW!!

The sweet spot seems to be 12 characters, a combination of numbers, letters in both lower and upper case, AND symbols. Now it will take a hacker 226 years! And well, by then - who cares!

So be safe out there! Check your passwords - how safe are YOUR passwords!



Welcome!!

Welcome to our June Newsletter!

June is here - a half year soon already completed. Now is the time to stop and take inventory of where you are in your freelancing journey. Look back over the goals you set for yourself back in January. Have you reached any of them? Are you on track for a successful end of the year?

Well, if you haven't, don't feel too bad. Robert and I haven't, either.

We set goals as well. We are in the process of writing a book about our journey to Panama. I wanted the rough draft of that book completed by March - it isn't. But we are closer.

We wanted to have a workshop for all our clients at the end of May or the beginning of June - we need to postpone that to July or August. Life just keeps getting in the way of success. And that is ok.

What isn't ok is quitting. Accept the fact that life does get in the way, but we cannot let it derail

our goals. We just need to pick ourselves back up and keep on doing.

So June's motto is – Don't stop. No matter what life throws in your path, pick yourself up, and get back on track!

The first three people that write us and tell us they want to pick themselves up and get back on the freelancing track will win a free seat in our next freelancing workshop. This workshop will cost \$39, but it can be free to the first three people to contact us!!

So, until next month...Happy Freelancing!

Freelancing in your golden years can be an exhilarating and rewarding adventure. As a baby boomer embracing the freelance lifestyle, you possess a treasure trove of experience and skills that can set you apart in the global marketplace. However, just like any other career path, freelancers encounter hurdles and setbacks along the way. During those times when life takes an unexpected turn, it's vital to ignite your motivation and forge ahead fearlessly. So, grab a cup of inspiration and dive into these five game-changing strategies that will keep you motivated and empower you to thrive as a freelancer.



- 1. Nurture a Resilient and Positive Mindset: At the core of unwavering motivation lies a flourishing positive mindset. Embrace the invincible power of optimism and view setbacks as life's invaluable teaching moments rather than soul-crushing failures. Remember, every successful freelancer has battled obstacles on their unique journey. Nurture your resilience, firmly believe in your extraordinary abilities, and approach every challenge with an unyielding can-do attitude. By embracing a positive mindset, you can gracefully transform setbacks into powerful stepping stones that propel you toward future success.**

2. **Transform Ambitious Goals into Achievable Milestones:** When faced with a grand vision or an imposing mountain to climb, it's easy to succumb to overwhelm and lose motivation. *But do not!* Smash those daunting goals into bite-sized triumphs. Focus on conquering one manageable task at a time, relishing every milestone you achieve along the way. With each small step, you'll ignite an unstoppable momentum, bask in the glory of accomplishments, and keep your motivation thriving and pulsating.
3. **Forge Bonds and Seek Your Tribe:** Freelancing, at times, can feel like a solitary odyssey, especially when life throws curveballs your way. Surround yourself with a vibrant community of like-minded peers who grasp the intricacies of your extraordinary journey and stand ready to offer unwavering guidance and support. Dive into industry-related forums, storm the battlements of networking events, or consider enlisting a formidable coach in your arsenal. A support system bursting with fresh perspectives, unwavering accountability, and unrelenting inspiration will fortify your spirit, empowering you to conquer any challenge that comes your way.
4. **Master the Art of Learning and Adaptation:** When life spins you in unexpected directions, your ability to learn from experiences and adapt accordingly becomes your secret weapon. Take a moment to dissect what went awry, identify the areas begging for improvement, and boldly adjust your strategies. Freelancing thrives on a continuous learning curve, demanding that you stay at the forefront of industry trends. Embrace each setback as a golden opportunity to acquire new skills, expand your knowledge, and enrich your expertise. By embracing a growth mindset and fearlessly adapting to the ever-changing freelance landscape, you'll not only remain motivated but also emerge as an unstoppable force, transcending all challenges that dare to cross your path.
5. **Revel in the Glory of Victories, Big and Small:** Amidst the ebb and flow of freelancing, it's vital to pause, take a deep breath, and acknowledge your awe-inspiring achievements. Carve out precious moments to reflect upon your extraordinary journey, basking in the realization of how far you've come. Celebrate even the most minuscule wins—whether it's winning a job you submitted a proposal for, conquering a tricky project, or reveling in the 5-star rating of a satisfied client. These celebrations, infused with sweet success, will fuel your motivation, amplify your self-confidence, and serve as a resounding reminder of your indomitable spirit as a freelancer.

As a baby boomer embarking on the freelance voyage, maintaining motivation when life strays from the script is absolutely essential. Embrace the strength of a positive mindset, dismantle overwhelming goals into conquerable feats, seek solace within a united community, seize setbacks as opportunities for growth, and celebrate your remarkable achievements along the way. Remember, every successful freelancer has faced their share of challenges, but it is how you rise from the ashes that define your extraordinary journey. Stay unwaveringly motivated, unleash your unshakable belief in yourself, and let your unparalleled passion for freelancing propel you to dazzling new heights of triumph!

CHECK OUT THE QR CODE

FOR OUR WEBSITE

Now you can find our website quicker from your phone!! Check out our website, which Robert has been updating. Send us your comments using the contact us link on the website, and let us know what you think!



Our Newsletter

Let us know what things you would like us to cover in our monthly newsletter.

Are you having areas that are giving your trouble? New things happening in Upwork, and you are not sure how to proceed?


Let us know, and we will cover some topics in our newsletter.

We want our newsletter to be informative and relevant to YOU!

Send us your topics for us to cover to: rptvirtualseervices@gmail.com, and we look forward to answering your questions.

Hacker Graphic From the Beginning of the Newsletter

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A HACKER TO
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YOUR
PASSWORD
IN 2023**

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Panamá

La Paz, Chame
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